



11TH ANNUAL PALLIATIVE CARE SUMMIT

COMMUNICATE

BUILDING

PARTNERSHIPS

IN PALLIATIVE

CARE

COLLABORATE

INNOVATE

April 8-9, 2019

Hyatt Regency
San Francisco Airport



2019 Program

SCHEDULE AT-A-GLANCE

TIME	ACTIVITY	LOCATION
SUNDAY, APRIL 7		
6:30 pm–8:00 pm	EARLY REGISTRATION & WELCOME RECEPTION WITH EXHIBITORS	Grand Foyer
MONDAY, APRIL 8		
7:30 am–4:30 pm	REGISTRATION	Grand Foyer
7:30 am–8:30 am	CONTINENTAL BREAKFAST WITH EXHIBITORS	Grand Foyer
7:30 am–5:00 pm	EXHIBIT TABLES OPEN	Grand Foyer
8:30 am–8:50 am	WELCOME: Summit Welcome <i>Judy Thomas, JD</i>	Grand Ballroom D
8:50 am–10:05 am	OPENING KEYNOTE: The Art of Dying Well: Empowering Patients to Shape Their Destiny <i>Katy Butler, Author/Journalist</i>	Grand Ballroom D
10:05 am–10:20 am	BREAK	
10:20 am–11:20 am	GENERAL SESSION: History of the Palliative Care Movement and Our Next Steps <i>Judy Thomas, JD</i>	Grand Ballroom D
11:20 am–12:00 pm	GENERAL SESSION: A Personal Reflection of the Benefits of Palliative Care <i>Julie Grimes and Jeffrey Yee, MD</i>	Grand Ballroom D
12:00 pm–1:00 pm	LUNCH	The Grove
	BREAKOUT SESSIONS: (choose one)	
1:00 pm–2:15 pm	A Collaborative Model Between Hospice and Aid-in-Dying Programs (Grand Ballroom F)	Chair Yoga (Grand Ballroom G)
	Advance Care Planning 101 (Sand Pebble A)	Changing the Culture of Pediatric Palliative Care at the Bedside (Grand Ballroom A)
	Building Bridges: Providing Optimal Pediatric Palliative Care Between Hospital and Home (Grand Ballroom B)	Incorporating Doulas in Caring for the Dying (Grand Ballroom E)
	Start with a Poem: Using Poetry to Facilitate Connection, Self-Expression, and Resiliency (Grand Ballroom C)	
2:20 pm–3:05 pm	INTERACTIVE SESSIONS: Engaging the Public Meet-Ups and Game Demonstrations (See page 9 for details)	Grand Ballroom D/ Sand Pebble B-D
3:10 pm–4:30 pm	PANEL: Cracking the Nut on POLST Registries <i>Robert Cothren, PhD (Moderator)</i>	Grand Ballroom D
4:30 pm–4:45 pm	WRAP UP: Day 1	Grand Ballroom D
5:15 pm–7:00 pm	RECEPTION & POSTER SESSION	Poolside Pavilion
6:30 pm–8:00 pm	PEDIATRIC MEET & GREET	Hotel Bar Area

Pediatric Palliative Care

Look for the **purple lettering** or kites throughout this program to easily find all sessions featuring highly-relevant topics for those who work with children, adolescents and young adults, or are interested in learning about how to build a palliative care program to support children in your community.

SCHEDULE AT-A-GLANCE

TIME	ACTIVITY	LOCATION
TUESDAY, APRIL 9		
7:15 am–8:15 am	LOCAL COALITIONS BREAKFAST (BY INVITATION)	Sand Pebble A-C
7:30 am–8:30 am	REGISTRATION & CONTINENTAL BREAKFAST	Grand Foyer
8:30 am–8:40 am	GENERAL SESSION: Inspiration to Start Your Day	Grand Ballroom D
8:40 am–9:40 am	GENERAL SESSION: Self-Compassion: Taking Care of You <i>Robert Horowitz, MD</i>	Grand Ballroom D
9:40 am–9:55 am	BREAK	
9:55 am–10:55 am	PANEL: Delivering Community-Based Palliative Care - Where Are We Now? <i>Kate Meyers (Moderator)</i>	Grand Ballroom D
11:00 am–11:45 am	INTERACTIVE SESSIONS: Hot Topics Meet-Ups (See page 9 for details)	Sand Pebble A-D Grand Ballroom E/F/G
11:45 am–12:50 pm	LUNCH & PALLIATIVE CARE LEADERSHIP AWARDS	Grand Ballroom D
1:00 pm–2:15 pm	BREAKOUT SESSIONS (choose one)	
	Caring for Personality Disorders in a Clinical Setting (Grand Ballroom A)	Pediatric Pearls: Working in Pediatric Hospice and Palliative Care with Confidence (Sand Pebble B)
	Chair Yoga (Grand Ballroom G)	Physician Leadership Meeting (BY INVITATION) (Sand Pebble C)
	Ethical Dilemmas in Pediatric Palliative Care at End of Life in an Adolescent Patient (Sand Pebble A)	San Quentin Project: Prisoners as Compassionate End-of-Life Volunteers (Grand Ballroom F)
	Overcoming Challenges to Implementing SB 1004 in California (Grand Ballroom B)	SUFFERING, Not Indignity, Can Answer the Living Will 'When' Question (Grand Ballroom E)
2:15 pm–2:20 pm	BREAK	
2:20 pm–3:20 pm	GENERAL SESSION/PANEL: Opioids: Separating the Facts from the Fear <i>Michael Fratkin, MD (Moderator)</i>	Grand Ballroom D
3:20 pm–4:20 pm	CLOSING KEYNOTE: Don't Wait: A Pathway to Fulfillment and an Antidote to Regret <i>Frank Ostaseski</i>	Grand Ballroom D
4:20 pm–4:30 pm	CELEBRATION OF THE JOURNEY	Grand Ballroom D

JOIN THE SUMMIT CONVERSATION ON TWITTER

Follow @COALITIONCCC and the speakers featured in this program.
Tag your tweets with #CCCsummit19 to join the 2019 Summit conversation.

WELCOME

COMMUNICATE, COLLABORATE AND INNOVATE...

That's what Coalition for Compassionate Care of California's annual **Palliative Care Summit** is all about -- bringing palliative care's voices together to build partnerships and work together toward a better future for the profession and the patients we serve. We are so excited to welcome you to our 2019 Palliative Care Summit.

Our Summit is designed to provide multiple opportunities for participants to interact directly with people who share a passion for quality palliative care. Our keynote speakers open and close the Summit with thought-provoking explorations of palliative care, life, death and spirituality. Throughout the Summit there will be opportunities to engage with e-Patients, your peers and leaders in the field on a variety of topics and issues related to serious illness for adult and pediatric patients. We hope you will make the most of the time we will share together this week, and carry what you learn and experience back home to share with your organization and local communities.

Enjoy!


Judy Thomas, JD
Chief Executive Officer, Coalition for Compassionate Care of California
@JudyThomasJD

PRESENTING SPONSORS



The Coalition for Compassionate Care of California promotes high-quality, compassionate care for all who are seriously ill or nearing the end of life. Our goal is to transform healthcare so that medical care is aligned with individual patient preferences—that people get the care they need and no less, and the care they want and no more.



The Children's Hospice & Palliative Care Coalition, a division of the Coalition for Compassionate Care of California, is dedicated to improving children's access to community-based palliative and hospice care services through advocacy, program development and education.

Summit Objectives

Over the next two days you will be able to:

- Talk more confidently to patients about where they stand in the trajectory of serious, chronic, or terminal illness; discover what matters to them; and help them prepare for a better end of life.
- Describe best practices and current trends regarding the use of opioids in serious illness, and end-of-life care.
- Identify best practices for navigating a life transition, coping with loss or serious illness and how they guide us toward appreciating life's preciousness.
- Identify opportunities and best practices for optimal pediatric palliative care.
- Understand the impact of palliative care from a patient prospective.
- Describe the ways that understanding death can help guide you to a more meaningful life.
- Discuss past and future needs in policy development to improve end-of-life care.
- Understand how compassionate care improves our lives and that of our patients.

Presentations

Slides from select presentations will be available for download after the Summit at CoalitionCCC.org. Please allow up to three weeks for all presentations to be posted.

Monday, April 8

8:30-8:50 am | GENERAL SESSION

Summit Welcome

Judy Thomas, JD, CEO, Coalition for Compassionate Care of California

8:50-10:05 am | KEYNOTE

The Art of Dying Well: Empowering Patients to Shape Their Destiny

Katy Butler, Author/Journalist

Your patients want more than pain control and a clean bed. They want to live and die as full human beings, not a bundle of diagnoses. Katy Butler is an expert at translating the concerns of lay people into the language of medicine. She provides a groundbreaking set of conceptual tools and new language to help your patients imagine what lies ahead, plan and prepare, express what matters to them, and remain the author of their own future.

10:05-10:20 am | BREAK

10:20-11:20 am | GENERAL SESSION

History of the Palliative Care Movement and Our Next Steps

Judy Thomas, JD, CEO, Coalition for Compassionate Care of California

A brief look at the history of the palliative care movement – how far we have come and where our next steps may lead us.

11:20-12:00 pm | GENERAL SESSION

A Personal Reflection of the Benefits of Palliative Care

Julie Grimes, palliative care patient, and Jeffrey Yee, MD

Julie thought her life was over until she was introduced to home-based palliative care. Join us as Julie and her palliative care physician, Jeffrey Yee, reflect on Julie's experience and how the introduction of palliative care support has improved her quality of life as she continues to live with advanced illness.

12:00-1:00 pm | LUNCH

1:00-2:15 pm | BREAKOUT SESSIONS

A Collaborative Model Between Hospice and Aid-in-Dying Programs

Stephanie Marquet, MD, Kaiser Permanente; and Ann Gordon, Kaiser Permanente

Learn about an optimized partnership between hospice and aid-in-dying services and Kaiser Permanente's Best Practice Toolkit for hospice departments working with co-enrolled End-of-Life Option Act (EoLOA) patients. The Toolkit is the result of ongoing collaboration between several high-volume KP hospice programs and regional KP EoL programs. It includes best-practices that outline how to build a successful, neutral, and sustainable partnership between hospice and the EoL program. Hear about learnings that support a quality care experience for patients and families while also supporting hospice staff regardless of their medical-aid-in-dying views.

Advance Care Planning 101

Lael Duncan, MD, Consultant Medical Director

This interactive workshop is for people who want to engage the public in advance care planning. Learn about the importance of advance care planning, how to get the conversation started, the nuts and bolts of advance directives, and how to navigate discussion on the topic. Attendees will have the opportunity to observe conversation role playing.

Building Bridges: Providing Optimal Pediatric Palliative Care Between Hospital & Home

Hania Thomas-Adams, MA, CCLS, *By the Bay Kids*, a program of Hospice by the Bay, and UCSF Benioff Children's Hospital Oakland; Anita Sharma, RN, CPNP, MSN, UCSF Benioff Children's Hospital Oakland; Tab Cooney, MD, UCSF Benioff Children's Hospital Oakland; and Christy Torkildson, RN, PHN, PhD, FPCN, UCSF Benioff Children's Hospital Oakland

This session will use a case-based presentation to demonstrate how multiple care providers from both hospital and home-based agencies can come together to coordinate care for terminally ill children and their families. We will explore how care can be respectful, supportive, honest, and therapeutic even in the reality of non-disclosure – a challenge faced often in pediatrics. We'll discuss how mutual pretense and family wishes play a significant role in the family narrative, and how this might be navigated in an ethical and compassionate manner. We will also review challenges that led to changes in our own approaches and interventions.

Chair Yoga

Loosen and stretch stiff muscles, reduce stress, and improve circulation with this low-impact, easy-to-follow chair yoga routine.

PROGRAM

Changing the Culture of Pediatric Palliative Care at the Bedside

Susan W. Shields, MSN, CPNP, ACHPM, Johns Hopkins All Children's Hospital

Explore Johns Hopkins All Children's Hospital (JHACH) Palliative Care Champions Program, which identifies and trains palliative care experts at the bedside. While JHACH provides palliative care as an inpatient, multidisciplinary consult service, some staff lacked comfort and confidence in their ability to provide these critical services. This Champions Program was developed to address these issues, allowing the palliative team to maximize resources to meet the needs of a growing patient population. The program can be adapted for use in a variety of settings.

Incorporating Doulas in Caring for the Dying

Kris Kington-Barker, Hospice of San Luis Obispo County; and Henry Fersko-Weiss, International End of Life Doula Association

This session introduces a comprehensive overview of doulas and explores how they may provide options for addressing challenges in delivering meaningful and supportive care to the dying and their families by utilizing volunteers with special training. Anecdotal evidence of incorporating end-of-life doulas effectively in both palliative care and hospice settings, along with examples of logistics and structure that have been effective in both inpatient and community-based models will be discussed.

Start with a Poem: Using Poetry to Facilitate Connection, Self-Expression, and Resiliency

J. Redwing Keyssar, RN, BA, UCSF Center for Education in Palliative Care; Michael W. Rabow, MD, FAAHPM, UCSF; and Michael D. Fratkin, MD, ResolutionCare

Poetry is way of connecting the unspoken thoughts in our minds and hearts. In this session, the emotional and psychological responses to our relationships with patients, colleagues, and ourselves through the simple practice of "poem making" will be examined. This can offer a means to express the suffering we experience in ourselves, and bear witness to in others, and create a space to hold what has been hidden or perhaps neglected in the busy pace of our palliative care world.

2:20-3:05 pm | INTERACTIVE SESSIONS

Engaging the Public

Meet-Ups and Game Demonstrations

A variety of small group discussions and game demonstrations will be offered around a central theme of creative ideas for engaging the public in advance care planning and palliative care.

(See Interactive Session topics and leader specifics on page 9.)

3:10-4:30 pm | GENERAL SESSION/PANEL

Cracking the Nut on POLST Registries

Robert Cothren, PhD, a Cunning Plan (Moderator)

Two groups of panelists with experience in POLST registry operations and technologies will share their insights on current POLST registry trends and technologies, commonalities, and unique features of some of the various registry implementations, and how providers can prepare themselves for future registry connectivity.

5:15-7:00 pm | SPECIAL EVENT

Reception & Poster Session

Learn about programs and projects designed to increase access to palliative care or advance care planning, and engage with thought-leaders during our Poster Session and reception, which includes light hors d'oeuvres and a no-host bar.

6:30-8:00 pm | SPECIAL EVENT

Pediatric Meet & Greet

Anyone with an interest in pediatrics is invited to meet-up with their peers at the Summit at this informal, no-host gathering in the hotel bar area.

Tuesday, April 9

7:15-8:15 am | INVITATION ONLY

Local Coalitions Breakfast

Leaders from community-based POLST and ACP coalitions throughout the state come together to network and share ideas.

7:30-8:30 am | REGISTRATION & CONTINENTAL BREAKFAST

8:30-8:40 am | GENERAL SESSION

Inspiration to Start Your Day

8:40-9:40 am | GENERAL SESSION

Self Compassion: Taking Care of You

Robert Horowitz, MD

Self-compassion is simply giving ourselves the same kindness that we would give to others, especially when we're stressed or upset. Being hard on yourself may seem necessary to succeed in life, but the research suggests just the opposite: self-compassion is a productive and healthier way to relate to ourselves than harsh self-criticism. Self-compassion has been linked to many benefits, including happiness, resilience, and satisfying relationships, while experiencing less anxiety and depression. In this presentation, we'll explore self-compassion and learn about it first-hand through writing and experiential exercises.

9:40-9:55 am | BREAK

PROGRAM

9:55-10:55 am | GENERAL SESSION/PANEL Delivering Community-Based Palliative Care – Where Are We Now?

Kate Meyers, California Health Care Foundation (Moderator)

In this session, we will review the current state of community-based palliative care in California by reviewing three initiatives that are aimed at addressing some of the implementation challenges. We'll take a look back to see how these initiatives came about, learn how they all are connected, and look forward to where we are headed.

11:00-11:45 am | INTERACTIVE SESSIONS Hot Topics

Choose between a variety of small group discussions focused on current hot topics.

(See Interactive Session topics and leader specifics on page 9.)

11:45-12:50 pm | LUNCH & PALLIATIVE CARE LEADERSHIP AWARDS

Join us for lunch and our 2019 Compassionate Care Leadership Awards, as we recognize outstanding leaders in California's palliative care movement! *(See page 12 for details on our award winners.)*

1:00-2:15 pm | BREAKOUT SESSIONS Caring for Personality Disorders in a Clinical Setting

Tom Grothe, NP, Kaiser Permanente

Patients with personality disorders (PDs) can be among the most difficult to care for as there is often chaos, making it difficult for the provider to not be pulled into a conflict. Caregivers can become exhausted and overwhelmed and sometimes we regret our behaviors. This presentation will review a few theories regarding PDs and present concrete interventions to help you provide quality, neutral care to these patients. We'll review the difficulties that PD patients have when facing terminal illness, and share specific case examples to help inform participants about ways to provide care.

Chair Yoga

Loosen and stretch stiff muscles, reduce stress, and improve circulation with this low-impact, easy-to-follow chair yoga routine.

Ethical Dilemmas in Pediatric Palliative Care at End of Life in an Adolescent Patient

Joan M. Fisher, MD, PhD, George Mark Children's House; Salina Patel, RN, BSN, George Mark Children's House; Kathy Hull, Psy.D, MFCC, George Mark Children's House; and Patti Maloney, MSW, George Mark Children's House

A 13-year-old girl was admitted to our inpatient palliative care unit at end of life. She had a rare, pediatric tumor and was actively bleeding into her abdominal cavity. Her pain was difficult to manage due to sporadic, acute bleeds. Her father had died of cancer, and her mother was being treated for stage IV breast cancer at the time this child entered our care. The parents had divorced, and she had many questions about her own faith and her fear of dying. We will address how the team worked with this patient and family to navigate some of these issues and how spiritual, social, and physical needs of the whole group were navigated in the end.

Overcoming Challenges to Implementing SB 1004 in California

Anne Kinderman, MD, Zuckerberg San Francisco General Hospital & UCSF; Kathleen Kerr, Kerr Healthcare Analytics

California's SB 1004, which mandates access to palliative care services for patients enrolled in managed Medi-Cal plans, was implemented statewide in January 2018. In this session we will describe the objectives, structure, and content of the technical assistance series, and present data describing managed care plans (MCPs) and palliative care organizations' (PCOs) experiences in planning and implementing SB 1004 services. We will highlight three common implementation challenges and share lessons learned and best practices, as identified by the MCPs and PCOs who participated in the technical assistance series.

SUFFERING, Not Indignity, Can Answer the Living Will 'When' Question

Stanley A Terman, PhD, MD, Caring Advocates; Karl Steinberg, MD, CMD, HMDC, Mariner Health Central; Nate Hinerman, MFT, PhD, University of San Francisco; and Catherine Madison, MD, California Pacific Medical Center's Ray Dolby Brain Health Center

By 2050, an estimated one in twelve people over 65 will live with advanced dementia. We will address the previous attempts to overcome the challenges of ACP for advanced dementia; paradigm shifts that expand the concept of SUFFERING to answer the "When" question; and living will requests that can translate into physician orders and POLST forms to answer the "What" question. The importance of early dementia patients fully engaging family members in ACP planning, and technology options that can integrate living wills into healthcare institutions' electronic medical record systems will also be discussed.

San Quentin Project: Prisoners as Compassionate End-of-Life Volunteers

Susan A. Barber, Mission Hospice & Home Care; Marvin Mutch, Humane Prison Hospice Project, Prisoner Reentry Network, and Brothers' Keepers; and Ladybird Morgan, RN, MSW, Humane Prison Hospice Project

In 2016, California spent \$13 billion caring for prisoners. Medical costs are skyrocketing for the 18,400 prisoners age 55+, while care for dying prisoners is inadequate. Most prisoners will die in their cell or in the hospital unit, isolated from the rest of the prison population. Learn more about this invisible population, what local hospices can do to support these men and women, and how Mission Hospice & Home Care, the Brother's Keepers, and the Humane Hospice Prison Project partnered to bring a compassionate end-of-life training to a group of prisoners in San Quentin.

Pediatric Pearls: Working in Pediatric Hospice and Palliative Care with Confidence

Heather A.F. Jolly, LCSW, MPH, Hospice by the Bay/By the Bay Kids; Cheryl Welch, Hospice by the Bay/By the Bay Kids; and Richard Sheehy, RN, MSN, Hospice by the Bay/By the Bay Kids

This workshop will address the challenges of adult cross-coverage in the pediatric hospice/palliative care home-based setting. Offering a multidisciplinary perspective, we will explore providers' fears related to caring for children with life-threatening and life-limiting illness and their families. We will address the similarities with adult PC and identify what makes pediatrics different and possibly intimidating. This includes a discussion of the unique developmental needs of children, adolescents, and young adults; suggestions for working with parents/guardians and including them in the development and implementation of care plans; and specific recommendations for nursing and social work interventions in hopes of increasing confidence among providers.

2:15-2:20 pm | BREAK

2:20-3:20 pm | GENERAL SESSION/PANEL Opioids: Separating the Facts from the Fear

Michael D. Fratkin, MD (Moderator)

During this session the audience will hear about the history, legislation, and legalities of opioid prescription in California, hear some real life experiences from clinicians on the front lines in both in-patient and community based palliative care programs, as well as in the long term care arena, and engage in a town hall-like discussion to gather information about where potential advocacy muscle should be applied.

3:20-4:20 pm | CLOSING KEYNOTE

Don't Wait: A Pathway to Fulfillment and an Antidote to Regret

Frank Ostaseski, Founder, Metta Institute; Co-Founder, Zen Hospice Project

Keynote Frank Ostaseski, internationally respected Buddhist teacher, visionary founder of the Metta Institute, and co-founder of the Zen Hospice Project, shares his perspective on what death has to teach the living. Death is the secret teacher hiding in plain sight. She helps us to discover what matters most. And the good news is we don't have to wait until the end of our lives to realize the wisdom that death has to offer. Embracing the truth that all things inevitably must end encourages us not to wait in order to begin living each moment in a manner that is deeply engaged. We learn to not hold our opinions, our desires, and even our own identities so tightly. We become kinder, more compassionate, and more forgiving. Don't Wait is a pathway to fulfillment and an antidote to regret.

4:20-4:30 pm | GENERAL SESSION

Celebration of the Journey

CONTINUING EDUCATION

Full attendance in its entirety is required at all education sessions in order to receive professional continuing education credits (CMEs/CEs). Continuing education is provided for full-day attendance. Partial-day credit is not available. **All attendees must sign in with their professional license numbers in the morning of each day of the Summit.** In order to receive credit, participants must complete an online survey within 30 days following the Summit. Continuing education certificates will be sent via email. Certificates of attendance will be available at the end of the Summit in the afternoon of Tuesday, April 9, 2019. Note: A 50-minute minimum of uninterrupted time is required to qualify for one hour of CME/CE credit. Continuing education excludes lunch and break periods.

PHYSICIANS & PHYSICIAN ASSISTANTS	Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. CME credits are sponsored by the Partnership HealthPlan of California.
NURSES	This course meets the qualifications for 10 contact hours . This provider is approved by the California Board of Registered Nursing, Provider #CEP 15403.
SOCIAL WORKERS	This course meets the qualifications for 10 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. CCCC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs and LMFTs, Provider #91987.
NURSING HOME ADMINISTRATORS	Approved by the California Nursing Home Administration program for 10 hours of continuing education credit – NHAP #CEP1735. CCCC is approved NHAP provider.
CHAPLAINS	This program may be used for continuing education credit for chaplains certified with the Board of Chaplaincy Certification, Inc.

INTERACTIVE SESSIONS

Bring questions. Get answers. Consult with experts on a variety of topics.

Among the hallmarks of CCCC's Annual Summit are the variety of opportunities for participants to be interactive with the speakers, sessions and activities. This year, you'll find even more opportunities to become fully engaged with small group discussions, large group discussions, game demonstrations and more.

DATE/TIME	TOPIC	FACILITATOR	LOCATION
April 8	Reimagine	Brad Wolfe, Reimagine	Grand Ballroom D
	ACP for Senior Center Attendees and their Families	Doris Hawks, Santa Clara County POLST Coalition	Grand Ballroom D
	Utilizing "Before I Die" Boards	Liz Romero, Yolo Hospice	Grand Ballroom D
	What Gives Your Life Meaning	Sharon Hamill, CSU San Marcos	Grand Ballroom D
	Engaging Patients	Danny van Leeuwen, Health Hats	Grand Ballroom D
	Elisabeth Kübler-Ross Foundation Initiatives	Ken Ross, The Elisabeth Kübler-Ross Foundation	Grand Ballroom D
	GoWish Game Demo	Gary Lee, CODA Alliance	Sand Pebble B
	Hello Game Demo	Jennifer Lui, Blue Shield of California	Sand Pebble C
	Heart to Heart® Game Demo	Sandy Chen Stokes, RN, MSN, Chinese American Coalition for Compassionate Care	Sand Pebble D
April 9	Telehealth	Michael Fratkin, MD, ResolutionCare	Sand Pebble A
	PTSD: A Year in Review	MarlaJan Wexler, e-Patient	Sand Pebble B
	Self-Compassion: Continuing the Conversation	Robert Horowitz, MD	Sand Pebble C
	"End Game" Toolkit	Natalie Teter, Producer	Sand Pebble D
	Caring for Vulnerable Patients	Anne Kinderman, MD, UCSF/Zuckerberg General Hospital	Grand Ballroom E/F/G
	Engaging the Mental Health Community	Susan Keller, Community Network Journey Project	Grand Ballroom E/F/G
	End of Life Option Act	Jennifer Ballentine, CSU Institute for Palliative Care	Grand Ballroom E/F/G
	PPC Waiver Transition Resource Guide	Devon Dabbs, Pediatric Programming Consultant	Grand Ballroom E/F/G



FEATURED SPEAKERS

Katy Butler Author/Journalist

Katy Butler, a National Magazine Award finalist and winner of the "Science in Society" prize from the National Association of Science Writers, has written about neuroscience, medicine, Buddhism and human behavior for the *New Yorker*, *The New York Times*, *Vogue*, *Mother Jones*, *The L.A. Times*, *The Washington Post*, and more.



Her first book, "Knocking on Heaven's Door: the Path to a Better Way of Death," a memoir of shepherding her parents through their final declines, was named "One of the Ten Best Memoirs of 2013" and "A Big Book for Fall 2013" by *Publishers Weekly*, which gave it a starred review. Her second book, "The Lost Art of Dying," was recently published.

Her groundbreaking writing – blending memoir and investigative reporting – has been chosen for Best American Essays, Best American Science Writing and Best Buddhist Writing, and been featured on regional National Public Radio stations. She was a staff reporter for twelve years for the *San Francisco Chronicle* where she covered health care, social issues, riots, and the human face of the AIDS epidemic.

Judy Thomas, JD Chief Executive Officer, Coalition for Compassionate Care of California

As CEO for the Coalition for Compassionate Care of California, Judy Thomas has helped improve the illness and end-of-life experiences of hundreds of thousands of Californians and their loved ones. Today, CCCC includes a staff of nine, a highly-active board of accomplished professionals, and an effective statewide network with a wide range of individuals, organizations, and foundations dedicated to advancing care for those with serious illness.

Judy chairs the National POLST Paradigm Task Force, working to ensure POLST forms are interpreted consistently across the country. She serves on the Donate Life California advisory board, and is Past President of the California Culture Change Coalition, which was formed to make nursing homes great places to live and work. In 2015, Judy was named a Practice Change Leader by the John A. Hartford Foundation.



Frank Ostaseski Founder, Metta Institute; Co-founder, Zen Hospice

Frank Ostaseski is a pioneer in end-of-life care. In 1987, he co-founded the Zen Hospice Project, the first Buddhist hospice in America. He guided that groundbreaking work for almost 20 years establishing a longstanding model for mindful and compassionate care. In 2005, he founded the Metta Institute, training countless healthcare clinicians and caregivers and building a national network of educators, advocates and guides for those facing life-threatening illness.



Frank has dedicated his life to service. It has been fusion of spiritual insight and practical social action. It manifests in caring for the homeless, serving on the early front lines AIDS epidemic, lobbying congress, teaching meditation, and most daunting, raising four teenagers at the same time.

He has distilled hard-won lessons from his own life journey and synthesized 30 years of being with dying into his personal brand of wisdom. He inspires and engages diverse audiences from Harvard Medical School students, to Mayo Clinic clinicians, and Wisdom 2.0 seekers. His work has been highlighted on The Oprah Winfrey Show, featured by Bill Moyers on his PBS television series *On Our Own Terms* and honored by H.H. the Dalai Lama.

Frank is the author of "The Five Invitations: Discovering What Death Can Teach Us About Living Fully," and a frequent keynote speaker at universities, healthcare organizations and spiritual communities.

See bios for all 45+ presenters at
ccccsummit.org/speakers

SPEAKERS

General Session, Breakouts, and Interactive Session Speakers/Panelists

- Jennifer Ballentine** CSU Institute for Palliative Care
Susan A. Barber Mission Hospice & Home Care
Linda S. Blum, RN, MS, GNP California Pacific Medical Center
Mark Branning San Diego Health Connect
Tab Cooney, MD UCSF Benioff Children's Hospital Oakland
Rim Cothren, PhD a cunning plan
Devon Dabbs Pediatric Programming Consultant
Abby Dotson, PhD Oregon POLST Registry
Lael Duncan, MD Medical Director Consultant
Henry Fersko-Weiss International End of Life Doula Association
Joan M. Fisher, MD, PhD George Mark Children's House
Susie Flores Care Directives
Michael D. Fratkin, MD ResolutionCare
Pat Frost Contra Costa EMS
Ann Gordon Kaiser Permanente
Julie Grimes Palliative care patient
Tom Grothe, NP Kaiser Permanente
Sharon Hamill CSU Institute for Palliative Care at CSUSM
Doris Hawks Santa Clara County POLST Coalition
Nate Hinerman, MFT, PhD Theology and Religious Studies/School of Nursing and Health Professions, University of San Francisco
Robert Horowitz, MD
Kathy Hull, Psy.D, MFCC George Mark Children's House
Heather A.F. Jolly, LCSW, MPH By the Bay Kids
Susan Keller Community Network Journey Project
Kathleen Kerr Kerr Healthcare Analytics
J. Redwing Keyssar, RN, BA UCSF Center for Education in Palliative Care (CEPC)
Anne Kinderman, MD Zuckerberg San Francisco General Hospital, UCSF
Kris Kington-Barker Hospice of San Luis Obispo County
Doug Kunz Stella Technology
Gary Lee CODA Alliance
Jennifer Lui Blue Shield of California
Catherine Madison, MD California Pacific Medical Center's Ray Dolby Brain Health Center
Elizabeth Mahler, MD Sutter Health
Patti Maloney, MSW George Mark Children's House
Stephanie Marquet, MD Kaiser Permanente East Bay
Kate Meyers California Health Care Foundation
Ladybird Morgan, RN, MSW Humane Prison Hospice Project
Marvin Mutch Humane Prison Hospice Project, Prisoner Reentry Network, Brother's Keepers
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MarlaJan Wexler e-Patient
Brad Wolfe Reimagine
Jeffrey Yee, MD

Purple lettering = pediatric focus

LEADERSHIP AWARDS

The Coalition for Compassionate Care of California is proud to announce the winners of the 2019 Compassionate Care Leadership Awards, including the new Lori Butterworth & Devon Dabbs Award for Pediatric Palliative Care Leadership. These awards recognize individuals and organizations that are changing the way we care for people who are seriously ill or approaching the end of life.

Compassionate Care Leadership Award | Individual

Torrie Fields, MPH

Blue Shield of California



Torrie Fields has made immeasurable contributions to the effort to increase access to palliative care. As Senior Program Manager of Palliative Care for Blue Shield of California, Torrie has worked tirelessly to increase patient access to palliative care. As a measure of her success, Blue Shield now offers palliative care services to members in all 58 California counties.

Torrie's efforts to expand access to palliative care extend beyond Blue Shield and its members. She acts as a consultant and curriculum developer for The Center to Advance Palliative Care and California State University Palliative Care Institute, and travels the country as a respected speaker on palliative care and health policy. She is also a key member of a national multi-payer workgroups that share learnings and help overcome barriers to make home-based palliative care a reality.

Compassionate Care Leadership Award | Organization

Partnership HealthPlan of California



Partnership HealthPlan of California

As a Medicaid managed care health plan that serves approximately 550,000 members in 14 Northern California counties, Partnership HealthPlan of California (PHC) is a recognized leader in implementing community-based palliative care in California. PHC began piloting its community-based palliative care program, Partners in Palliative Care, in 2015. Based on the pilot's success, PHC extended the benefit to several counties - well ahead of the January 2018 start date of the state-mandated benefit under SB 1004. PHC has developed a network capable of providing palliative care services in each of the counties it serves and expanded its eligibility criteria beyond the state required diagnoses.

PHC also has also taken a lead in supporting advance care planning efforts. It has offered annual ACP trainings to its provider network and provided grant funding to support four new ACP community coalitions in Humboldt, Lake, Siskiyou, and Yolo counties. In 2017, PHC implemented an annual week-long event to promote National Health Care Decision Day among employees of the health plan.

The Lori Butterworth & Devon Dabbs Award for Pediatric Palliative Care Leadership

David Sine, MD

Kaweah Delta Hospice, Visalia; Hinds Pediatric Hospice, Fresno; and Valley Children's Hospice, Madera

Dr. David Sine is a recognized leader in pediatric palliative care. Through his work, Dr. Sine provides care to hundreds of seriously-ill children and their families. He specializes in caring for children with very complex medical issues and difficult diagnoses. He dedicates time for each patient and their family to ensure the best plan of care is set in place and each child can live their life with dignity.



From taking after-hours phone calls to making in-home visits offer support to the patient and family at the end of life, Dr. Sine seemingly has no limits when it comes to his commitment to his patients and their families. To further support pediatric patients and their families, Dr. Sine created the non-profit program Trillium Kids, which provides financial grants to families of children with illness, special needs, palliative or hospice care. Since 2005, Trillium Kids has raised and donated more than \$40,000 dollars, providing a positive impact to more than 360 children and families.

He is a true pioneer in pediatric palliative care. With over 20 years of pediatric palliative care and hospice experience, he has a wealth of knowledge that cannot be duplicated and a passion which inspires others.

Leadership Awards
Lunch Celebration

Tuesday, April 9, 11:45 am-12:50 pm

E-PATIENT AMBASSADORS

The Coalition for Compassionate Care of California has received a Eugene Washington PCORI Engagement Award from the Patient-Centered Outcomes Research Institute® (PCORI®) to recruit, train and empower patient ambassadors for palliative care.



Grace Cordovano, PhD BCPa

West Caldwell, NJ

enlighteningresults@gmail.com
www.enlighteningresults.com
Twitter: @GraceCordovano

Significant gaps exist between cancer patients and their doctors – gaps in communication, information, empathy and understanding. To address these gaps and support patients during their cancer journey, Dr. Cordovano founded *Enlightening Results*, a private, personalized patient advocacy service which specializes in the cancer arena. She is a champion for palliative care, and wants to see it be incorporated earlier in cancer treatment planning paradigms. Dr. Cordovano is a member of the Alliance of Professional Health Advocates (APHA), the Society for Participatory Medicine (SPM), Health 2.0 NYC, and an ambassador for Citizen Health.



Mary Millard

Bennett, NC

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www.marymillard.org
Twitter: @HAISurvivor

Mary lives with chronic *Pseudomonas Aeruginosa*, a bacterium she acquired during a lifesaving hospital procedure. *Pseudomonas* is considered a “superbug” and resistant to antibiotics. She is on lifetime antibiotics to keep the bacteria out of her bloodstream and contained on the biofilm of her aortic graft and valve replacement. She is passionate about palliative care – it has helped Mary endure 98 x-rays, 20 CT scans, 14 ECHOs, heart failure due to the septic shock, and 6 rehospitalizations so far. She has also seen palliative care help her husband and others who are close to her. Mary lives in North Carolina with her husband, a dog and two cats.



Selene Seltzer

Ashland, OR

livingwell@seleneseltzer.com
www.seleneseltzer.com
Twitter: @SeleneSeltzer

As a dually board-certified Clinical Healthcare Chaplain who has experienced two cancer events, chronic illness, and severe injury, as well as caring for family members through their illness and dying processes, Selene has a deep understanding of the unique challenges and opportunities that people with serious, chronic, life-limiting illness or injury face. She is specially attuned to psycho-social-spiritual needs and their potential impact on individuals, their care partners, and healthcare teams. Selene’s mission is to educate, encourage and empower members of her community to explore ‘how to live fully when we realize we are going to die.’



Sharon Hall

Cumming, GA

sharonhall419@yahoo.com
dementianeeds.blogspot.com
Twitter: @srhall419

Sharon retired from a long career in the corporate world in 2014 to care for her mother full time. When Sharon’s husband was subsequently diagnosed with frontotemporal degeneration and she couldn’t find the resources or support she needed to best care for him, she had to create her own resources. Helping those recently diagnosed with early onset dementia and their caregivers has become a mission that is particularly close to Sharon’s heart. Sharon firmly believes that the palliative care services her husband has received since his diagnosis have lessened her stress and enhanced her husband’s life. She has shared her experiences as a care partner speaker at the NIH 2017 Research Summit on Dementia Care and Services, as well as at national caregiver conferences. She also facilitates a local support group and an online chat for care partners, and produces a monthly podcast with a dementia expert to give families much needed information.



Michelle (Shelly) Reinhart

Rancho Cucamonga, CA

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Twitter: @Reinhart_shelly

Shelly’s experience as caregiver for her brother during his battle with cancer – during which palliative care services were never offered – activated her as a palliative care champion. For months, she questioned daily whether she was doing the right thing for her brother. She wonders now what his life and death would have been like if he and their family had access to palliative care services when they needed them. Shelly became a volunteer with the American Cancer Society Cancer Action Network (ACS-CAN) in 2009. She volunteers at Relay for Life events and has held numerous lead positions within the organization. Shelly has attended ACS-CAN State Lobby Day in Sacramento for many years, as well as National Lobby Day in Washington, DC, for the last 3 years. She uses her story to convince policy makers to pass beneficial legislation.

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at CoalitionCCC.org.*

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for the

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